

# Hiking in Northern Laos

📍 V4JG+VJC, Phu Vao Road, Luang Prabang



• **Note: The prices vary by group size**

• Trip price in USD per person:

Prices from 01. Oct.25 – 30. Apr.26 ESG

USD/pp	02P	04P	06P	08P	Single supplement
Price	729.00	478.00	405.00	364.00	108.00

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For adventure seekers, hiking in northern Laos is an experience like no other. This region, filled with rugged mountains, verdant forests, and serene valleys, offers some of the best hiking trails in [Southeast Asia](#). Whether you're a beginner or an experienced hiker, northern Laos caters to all skill levels, offering everything from short treks to multi-day adventures. One of the most popular destinations for [hiking in northern Laos](#) is Luang Namtha. The trails here take you through picturesque landscapes, remote villages, and dense jungles. In addition, the Nam Ha National Protected Area is a hiker's paradise. Its well-preserved ecosystem is home to diverse flora and fauna, providing a unique opportunity to connect with nature. Trekking through this protected area, you'll discover cascading waterfalls, serene rivers, and panoramic views that will leave you in awe. Moreover, for those seeking a spiritual touch, some trails lead to sacred caves and temples nestled in the wilderness. These serene spots offer a chance for reflection and a deeper connection to the spiritual heart of Laos. Hiking in northern Laos is more than just an outdoor activity; it's a journey of discovery. It not only allows you to explore the natural beauty, but also the cultural diversity and rich heritage of this captivating region. Lace up your hiking boots and embark on an adventure that promises unforgettable memories.

## Tour Facts

Group Size:  
**8**

Duration:  
**7**

Language:  
**English, French, German, Italian, Spanish**

Tour Type:  
**continuous**

## Tour Itinerary

### Day 1 : Arrival in Luang Prabang



Meal: None

Flight Detail: TBA

Welcome to Luang Prabang! Upon your arrival at the airport, our tour guide will greet you and assist with your transfer to the hotel.

Enjoy some free time to relax and soak in the tranquil ambiance. Rest comfortably for your first night in this enchanting city.

- [Overnight at Luang Prabang](#)
- [Luang Prabang Inn 3\\*Hotel](#)
- [Click here to view 3\\*Hotel's website](#)

Duration  
**2 Hours**

### Day 2 : Strolling Through Luang Prabang



Meal: B

Uncover the history and beauty of Luang Prabang on a half-day walking tour! Explore the National Museum, vibrant morning market, Hean Chan traditional wooden house, and the stunning 16th-century Xieng Thong temple.

Afterward, relax or venture out to hike Phou-Si Hill for spectacular views. Enjoy a cozy night at your

chosen accommodation.

- [Overnight at Luang Prabang](#)
- [Luang Prabang Inn 3\\*Hotel](#)
- [Click here to view 3\\*Hotel's website](#)

Duration  
**4 Hours**

## Day 3 : Scenic Journey to Nong Khiaw



Meal: B

Start your day with breakfast before setting off on a stunning trip to Nong Khiaw, where breathtaking views of the Nam Ou River greet you. Along the way, visit charming remote villages and soak in the local culture.

In Nong Khiaw, explore the historic Pha Tok Cave and take in the panoramic sights from Phra Somnang viewpoint, before unwinding at your cozy lodging for the night.

- [Overnight at Nong khiaw](#)
- [Nong Khiaw reverside 3\\*Hotel](#)
- [Click here to view 3\\*Hotel's website](#)

Duration  
**4 Hours**

## Day 4 : Embrace Homestay Trekking



Meals: B/L/D

**Note: 4-5 hours walking**

Start your day with breakfast before taking a scenic traditional boat ride up the Ou River to the charming Khmu village of Ban Had Sa-Pheuy. Hike uphill to Ban Kiew-kan, where you'll enjoy a delightful Lao-style picnic lunch with breathtaking views.

In the afternoon, explore the village and immerse yourself in local culture. End your day with a traditional Khmu dinner, lovingly prepared by the villagers.

- [Muang Ngoy district](#)
- [Overnight stay at a cozy homestay in Ban Kiew-kan](#)
- [Click here for more detail of Muang Ngoy](#)

Duration  
**5 Hours**

## Day 5 : Second day Homestay Trekking



Meals: B/L/D

Start your day early in the enchanting Khmu village. Enjoy a 4-5-hour trek through lush landscapes, visiting Hmong and Khmu communities. Relish a Lao-style picnic lunch surrounded by nature.

In the evening, wander to the Thai Deng village of Ban Houy Sen, where you'll indulge in a traditional dinner prepared by the locals and spend a cozy night at a welcoming homestay. Join us for this unforgettable journey!

- [Muang Ngoy district](#)
- [Overnight stay at a cozy homestay in Ban Houy Sen](#)
- [Click here for more detail of Muang Ngoy](#)

Duration  
**5 Hours**

## Day 6 : Tranquil Muang Ngoy & Return to Luang Prabang



Meals: B

Awakened by the rooster's crow, we bid farewell to the Thai Deng community and embark on a scenic 3-4-hour trek through rice fields and stunning landscapes toward Muang Ngoi.

After a refreshing break at a cave, with swimming optional, we'll continue our journey. Finally, we'll



glide downstream on a traditional boat to Nong-khiaw before heading back to the enchanting Luang Prabang.

- [Overnight at Luang Prabang](#)
- [Luang Prabang Inn 3\\*Hotel](#)
- [Click here to view 3\\*Hotel's website](#)

Duration  
**4 Hours**

## Day 7 : Discovering the Majestic Waterfall and Departure



Meal: B

Following breakfast, in this morning depart Kuangsi waterfall, swim in the turquoise waters, or simply explore the beautiful small forest surrounds.

Enjoy free time before visiting a nearby sanctuary which cares for and rehabilitates bears rescued center from animal traders, or from deforested habitat and transfer to the airport for your next destination.

End of service

Duration  
**4 Hours**